



SINGAPORE INTERNATIONAL SCHOOL
@ GAMUDA GARDENS

NEWSLETTER

MARCH & APRIL 2026

ISSUE NO 8 & 9 : 2025-2026 SY



HIGHLIGHTS

LEADERSHIP MESSAGE

**A SEASON OF MEANING,
MOMENTUM, AND
COMMUNITY**



WELL-BEING

**EXPLORING 'MEANING'
(PERMA)**



PARENTS HACKS

**WAYS TO BOND WITH
YOUR CHILD AT HOME**

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LEADERSHIP MESSAGES



March–April Reflections: A Season of Meaning, Momentum, and Community

Dear Parents and Families,
While reflecting on the months of March and April at SIS @ Gamuda Gardens, I am filled with great pride in the remarkable growth, engagement, and common purpose that have defined this vibrant season. These two months beautifully embodied our school's commitment to holistic development — blending academic rigour, joyful co-curricular experiences, and a deliberate focus on student well-being through the PERMA element of Meaning.

In classrooms across the school, our students have largely approached assessments with maturity, focus, and determination. We are especially pleased by the strong progress in Primary reading and writing. This reflects their dedication in lessons and the loving support you provide at home. These achievements build lifelong habits of perseverance, responsibility, and self-reflection.

Apart from academics, our community thrives. The Fitness Fiesta united students, staff, and families to celebrate movement, teamwork, and mutual happiness. Our sports teams showed school pride in competitions against Westlink, True North, and TH School. Kindergarten enjoyed Dr Seuss Week, explored plants, held an energetic Sports Day, and celebrated Easter. The Senior Student Council led the Tet Charity Box Initiative, donating 52 boxes and 33 bags of essentials to the Red Cross. This action showed our students' compassion and leadership in the wider community.



In Kindergarten, learning has remained joyful, creative, and rooted in exploration. From literacy-inspired activities during Dr. Seuss Week to hands-on investigations into the world of plants, an energetic Sports Day, and Easter Day, our youngest learners have shown curiosity, independence, and a growing connection to the world around them.



LEADERSHIP MESSAGES

March–April Reflections: A Season of Meaning, Momentum, and Community

Importantly, throughout March and April, our Well-being focus has centred on the PERMA element of Meaning. Through weekly reflections and guided discussions, students have been encouraged to consider questions of purpose, values, belonging, and contribution. These intentional moments of reflection support students in developing a stronger sense of identity and connection within our community. Central to this period was our school-wide well-being focus on Meaning. Through weekly Form Time reflections, students explored questions of purpose, values, belonging, and contribution. Their thoughtful responses, displayed on our Well-being boards and celebrated in Assembly, demonstrate a growing sense of identity and connection.

This same spirit shone brightly at the 1st Annual SIS Global Voices English-Speaking Contest, where Lower and Upper Secondary students delivered insightful speeches on global issues, including climate change, well-being, and education. We look forward to the Lower Secondary semi-finals on 6 May, Upper Secondary semi-finals on 7 May, and the livestreamed Finals on 14 May.

None of this happens without our partnership with you. Your engagement at home—through conversation, routines, and daily encouragement—directly supports your child’s growth. Our school’s strength comes from this collaborative spirit.

As we approach the final part of the term, I encourage everyone to maintain balance. Let us focus on sustained effort, thoughtful reflection, and renewal. Success is built on hard work, steady progress, and a collective commitment to growth.

Thank you for your trust, partnership, and support. Together, we build a community where every child can find meaning, create momentum, and thrive.

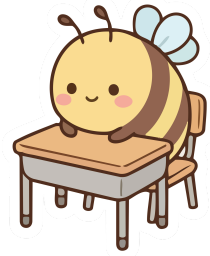
Warm regards,

Charles Whalen Rutherford





Highlights



KIK NEWS



March and April have been joyful and engaging times for our KIK students, inspired by the playful spirit of Dr Seuss. Through storytelling, rhyming games, creative arts, and hands-on activities, students explored learning in fun and meaningful ways.

A key highlight was our exploration of the World of Plants, where students learned about different types of plants, the plant life cycle, and what plants need to grow strong and healthy. Through planting and observing, they developed a deeper connection with nature and a sense of responsibility.

We successfully held our Sports Day in March, filled with fun and energetic physical activities. Students actively participated, developing their motor skills, teamwork, and sportsmanship in an exciting and supportive environment.

We also celebrated Easter Day with fun and meaningful activities. It was a wonderful occasion that allowed our students to enjoy the outdoor atmosphere by finding the eggs outside the classrooms.

Overall, these experiences supported both learning and well-being, fostering confidence, curiosity, and joy in our young learners.

Best regards,
Vu Thi Thuy - Kim Horup



**A joyful journey of
imagination,
growth, and energy:
celebrating Dr. Seuss
week, exploring the
world of plants, and
an exciting sports
day**





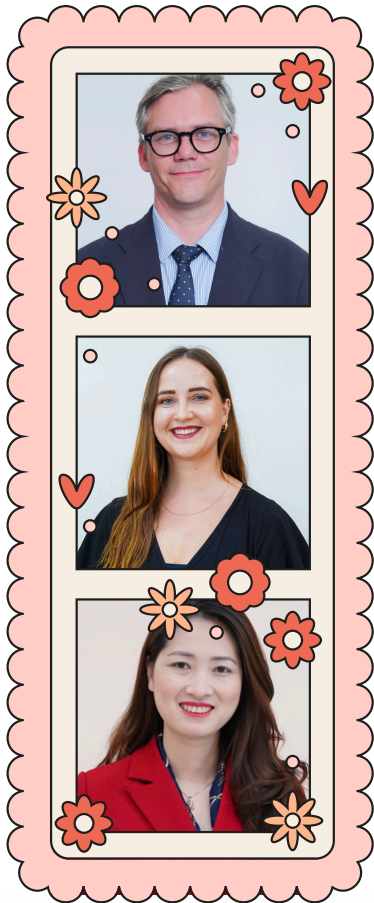
KIK NEWS



Primary News



Hard Work, High Fives, and a Fitness Fiesta!



Dear Parents and Guardians,

What months March and April have been! From focused classroom assessments to a community-wide Fitness Fiesta, our Primary students have shown us time and again that they can work hard, play hard, and show up for one another — and we could not be prouder.

Students threw themselves into their classroom assessments with real dedication and focus. The progress we have witnessed — particularly in reading and writing — has been nothing short of inspiring. Behind every confident reader and every improving writer is a parent who encouraged, listened, and showed up. Thank you. Your support at home is one of the greatest gifts you can give your child, and it shows in everything they do.

Of course, March and April were not all books and assessments! SIS Gamuda Gardens came alive with the energy and excitement of our much-loved Fitness Fiesta. It was an absolute joy to see students and families side by side, laughing, competing, and celebrating movement together. The sporting spirit on display was tremendous — and the sunshine made it all the more special!

The term break and the Liberation Day and Labour Day holidays have just passed. I believe that every student and family took the opportunity to slow down, recharge, and enjoy precious time together.

Looking forward, the International Day is just around the corner.

We look forward to welcoming you to a joyful morning of community celebration.

As we enjoy the warmer days ahead, a gentle reminder: students should be wearing their summer uniform or PE kit on PE days. If your child attends an after-school sporting club on a non-PE day, please send them to school in summer uniform with their PE kit packed to change into after school.



Kind regards,

Primary School Leadership Team



PRIMARY NEWS



Secondary & High School News



Highlights From the 1st Annual SIS Global Voices English Speaking Contest

Dear students, teachers, and parents.

Over the past term, students have been learning the fundamentals of speech writing as part of their Classroom-Based Assessments. Throughout this process, they have expanded their vocabulary, strengthened their grammar, and developed the skills needed to organize their ideas into a clear and compelling speech.

For their termly assessment, every student was required to write a speech on one of the following global topics: climate, mental health, gender equality, artificial intelligence, poverty, education, or peace. From these submissions, the top two to three students from Grades 6 to IG2 were selected to participate in our school-wide Global Voices Tournament.

As part of the tournament preparation, students refined their speeches by making personal connections to their chosen global issues. They also applied the Global Perspectives framework, analyzing the local, national, and global impact of the issue they selected.

During classroom rounds, students were assessed primarily on vocabulary, grammar, and overall English proficiency. In contrast, the tournament rounds focused on presentation skills, including vocal expression, body language, use of visuals, and eye contact.





Secondary & High School News

Lower Secondary Tournament:

From across all Grade 6 and Grade 7 classes, 16 students were selected to take part in the Lower Secondary Global Voices Tournament. Each student delivered an exceptional speech, demonstrating confidence, courage, and strong communication skills.

Congratulations to the following students for advancing to the final four:

Nguyen Thi Hong Anh - 6A
Nguyen An Dieu Khanh - 6LA
Pham Phuong Linh - 7LA
Nguyen Thuy Linh - 7A

Upper Secondary Tournament:

In the upper secondary division, 12 students were selected from only classes 8LA, 8LB, 9A Integrated, IG1A, IG1B, and IG2B. The level of competition was outstanding, with students delivering meaningful and inspiring speeches.

Congratulations to the following students for advancing to the final four:

Nguyen Tue Minh - IG1B
Moon ChaeYeong (Lucy) - 8LA
Pham Minh Khoi - IGCSE 2B
Pham Thu Ha - 8LA

We extend our heartfelt appreciation to all participating students. Your hard work, creativity, and passion have inspired us, and you truly represent the very best of our school. We are incredibly proud of each of you. We look forward to the Lower Secondary Semi-finals on May 6 and the Upper Secondary Semi-finals on May 7. The Tournament Finals will take place on May 14 and will be livestreamed for our entire community to enjoy.

Sincerely,
Memo Mata
Deputy Principal

"The two most important days of your life are the day you are born and the day you know why." - Mark Twain





Dear Parents and Guardians,
As we approach the end of spring, students are diligently preparing for the upcoming examination season. The Senior Student Council (SSC) would like to take this opportunity to remind all parents and students to remain mindful of the warm weather conditions and to prioritise their health and well-being in the lead-up to examinations.

Earlier this year, the SSC successfully concluded our annual Tet Charity Box Initiative, through which essential goods and supplies were donated to the Red Cross Organisation prior to Tết, in support of individuals and families in need. We are pleased to announce that a total of 52 boxes and 33 bags of essentials, including a range of food, toiletries, and clothing items, were contributed to the Red Cross Organisation. We extend our sincerest gratitude to all parents and students for their generous support, contributions, and dedication in making this initiative a success.

Student Council



Additionally, prior to the Term 3 Break, the school successfully hosted another Sport Day, and we greatly appreciate the enthusiastic participation of all students in the various sporting activities and events.

In the coming months, the SSC will continue to work closely in support of the Yearbook Committee as they enter the final stages of editing and refining the yearbook. We once again extend our appreciation to all students and parents for their participation and contributions to the previous fundraising initiatives organised by the SSC. We sincerely hope that students will look forward to the exciting events that await following the examination period.

Sincerely,
Nguyen Phuc Linh
President of the Senior Student Council

Simple, Meaningful Ways to Bond with Your Child at Home

In today's busy world, meaningful connection with our children doesn't require elaborate plans or expensive activities—what matters most is intentional time together. Small, consistent moments can build trust, strengthen relationships, and support your child's emotional well-being.



One of the most powerful ways to connect is through shared routines. Cooking a simple meal together, setting the table, or tidying up as a team creates natural opportunities for conversation. These everyday moments help children feel included and valued.

Another effective approach is “special time”—just 10–15 minutes a day where your child chooses the activity and leads the interaction. Whether it's drawing, building, or storytelling, giving them your full attention (without distractions) sends a strong message: you matter.

Conversation starters can also deepen your bond. Instead of asking “How was your day?”, try questions like:

“What made you smile today?”

“Was there anything challenging?”

“What are you looking forward to tomorrow?”

These prompts encourage children to reflect and share more openly.

For families looking to bring more positivity into the home, try gratitude or reflection activities. At dinner or before bedtime, take turns sharing one good thing about the day. This simple habit builds emotional awareness and a positive mindset.

Finally, don't underestimate the value of play and laughter. Board games, role play, or even a quick dance break can release stress and create joyful memories. Children often connect most deeply when they see their parents being playful and present.

Meaningful bonding doesn't require perfection—just presence. A few intentional minutes each day can make a lasting difference in your child's sense of belonging, confidence, and happiness.



Parent Hacks

Clubs and ECAs



Months of Sport, Energy, and School Spirit!

March and April have been exciting and active months for our students in sports. Our badminton team competed against Westlink, while our football teams played matches against True North and TH School. Our students performed extremely well and showed great teamwork, determination, and sportsmanship. We are very proud of all our athletes for representing the school so positively.



We also hosted our Fitness Fiesta, which was a fantastic success. It was wonderful to see so many students participating and showcasing their skills in a variety of sports including badminton, football, basketball, pickleball, volleyball, and tug of war. The energy, enthusiasm, and community spirit made it a truly enjoyable event for everyone involved.

We enjoyed a great Cross Country event at the end of Term 3. Students did a great job getting their running shoes ready and getting moving during our recent event.

We look forward to more great events filled with effort, perseverance, and school spirit!

Well done to all our students for staying active and representing our school with pride!

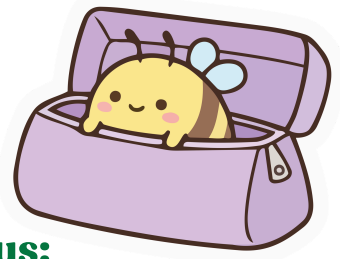
Best regards,
Hendrik Prinsloo



HIGHLIGHTS



WELL - BEING



March–April Well-being Focus: Exploring Meaning (PERMA)

As part of our ongoing commitment to student well-being, our school is currently running a March–April Well-being Activity centered on “Meaning”, one of the five key elements in the PERMA framework.

Each week, students are invited to reflect on a thought-provoking question related to purpose, values, belonging, and contribution. During Form Time, they discuss the question with their teachers and classmates, then write a short personal response on a post-it note to share on the school’s Well-being boards.

This simple but powerful routine encourages students to pause, reflect, and express what matters to them—helping them build a stronger sense of identity and connection within the school community.

Selected reflections are recognised weekly during Assembly, celebrating students’ thoughtful and authentic voices.



We warmly encourage parents to continue these conversations at home by asking your child about the weekly question. These small discussions can have a meaningful impact on how young people understand themselves and their place in the world.

“Meaning grows when we reflect, connect, and contribute.”

Best regards,
Trinh Le Thuy Truc

